

LOWER DOLPO CAMPING TREK

One of the remotest and least exposed areas of Nepal, the Lower Dolpo is isolated from the rest of Nepal by the mountain ranges of Dhaulagiri and Churen Himal. Lying in the rain shadow area of the Himalayas, this landscape resembles to the Tibetan Plateau instead of the lush, green, hills in Nepal.

Although Dolpo occupies 15% of Nepal, it is still one of the least explored regions, it only opened to trekkers in 1989. Lower Dolpo Trek is specially combined adventure of natural heritages, stunning views and Tibetan influenced cultures. Lower Dolpo Trek is one of the well known treks in restricted area section, however due to lack of promotion this area still remains unknown among many people. Dolpo region has been covered by several international medias like Discovery and National Geographic. Oscar nominated movie Caravan was also made in this region. This Trek is made for real adventurers and for experienced trekkers. Beautiful high passes, high altitude lakes, endangered animals, rough terrain, blossoming flowers and Tibetan influenced Bon people are parts of Lower Dolpo Trek. The region lies in rain shadow area which allows trekkers to enjoy the adventure even during rainy seasons. .



It holds a few areas where pre-Buddhist Bon Po religion is still practiced. The trail goes over high passes, Baga La 5090m and Numa La 5360m passing the deep-blue tranquil Phoksumdo Lake and finally concludes at Juphal, descending the gorge-side path of Tarap Khola. This trip can be made from April to October. November can be a bit risky as the passes are covered by the snow.

Although the developed Nepal with its modernization and Hindu religious tradition is slowly coming here, the area is still culturally and religiously, tightly connected to Tibet and the ancient trading routes from Tibet are still crossing this region.



Group Size: Minimum 2, maximum 12 people.

Duration: 16 Days (+ 3 buffer-days needed)
 – can be extended according to your wish.

Price overview:

Camping Trek cost: €uro 1360.00 per person

Flights (4 inland flights): USD \$728.per person

Permit:

- Special permit 20\$ per person
- National park fee 35\$
- Government taxes 50\$

Total Flights & Permits \$835 per PAX (payable in Kathmandu in US\$)

Grand total €1360 + \$ 835

Included:

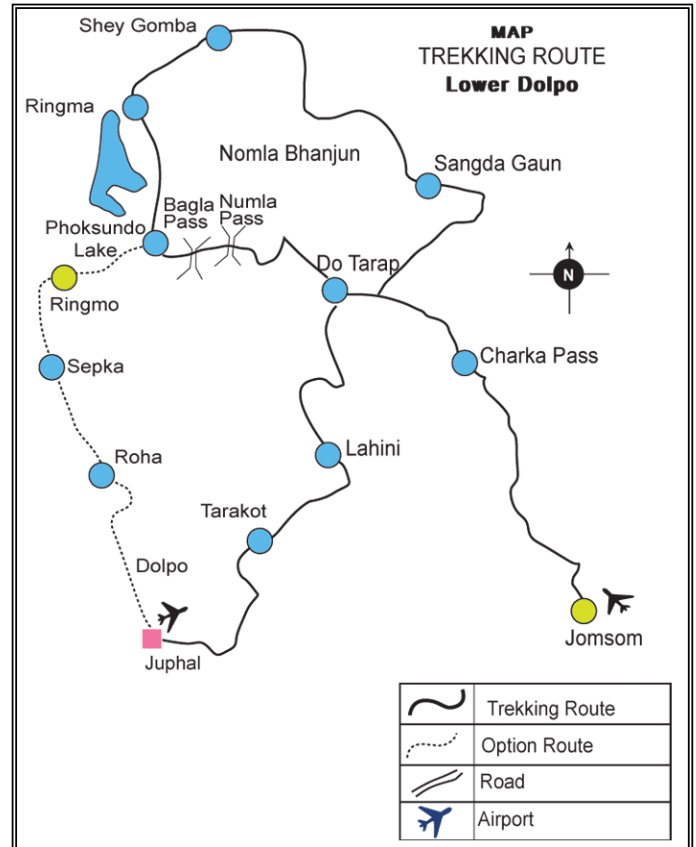
Airport transfers, Air cargo for gear, Air & Bus fare for Staff; Food (3 meals a day), Accommodation in G.H. & tented camps; All necessary equipment, cooking utensils, group, dining and toilet tent; expect sleeping bag and mat see equipment list, Licensed English speaking guide, Cook- Sherpa, and Porters / Mules for gear.

Excluded: visa for Nepal, alcohol and soft drinks when eating in restaurants, airport transfer and hotel in Kathmandu, personal expenses, charges for excess baggage over 15kg, insurances, tips & Gratitude’s for staff.



We will send you detail itinerary day by day via e-mail.

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May all beings be happy!

