

Maratika, Guru Rinpoche Cave

Situated in eastern part of Nepal, Maratika cave is one of the sacred places for Buddhist and Hindus. As for Buddhism Maratika is one of the six supreme pilgrimage sites in the world. For many years the sacred caves of Maratika have been a very important pilgrimage destination to Buddhist seeking to engage in the long life practices. It is a special place associated with Padmasambhava/ Guru Rinpoche. Hindus People call it the Pashupatinath of Eastern Nepal.



The History of Maratika

At the request of Bodhisattva Avaloketesvara, Buddha Amitabha taught eighteen Tantras of Long Life here. The Dakini Sangwa Yeshe recorded and hid the teachings as an Terma at Maratika. Guru Padmasambhava, while in the Kingdom of Zahor met his consort Princess Mandarava who possessed all the marks of a dakini. The Guru gave teachings and initiations to Mandarava. Dakinis appeared in the sky and took Guru Padmasambhava to Maratika. Mandarava unable to bare the palace life without Padmasambhava ran away. Hopelessly lost she prayed to Guru Padmasambhava who manifested and took Mandarava to Maratika. Then Bodhisattva Avaloketisvara and the Dakini Sangwa Yeshe gave long life teachings to the Guru and Mandarava. After practicing for ninety days Buddha Amitayus appeared in the sky and gave also initiations to the Guru and Mandarava. Whereby they had attained the Vidyadhara of longevity.



According to Hindu religion, Shiva was running from the demon Bashmasur whom Shiva himself gave a boon to kill any person putting his hand on the head of the person. The demon chased Shiva to kill him and Shiva fled in the Maratika caves to take shelter.

Itinerary: Early morning 6:30 am start drive all day with a lunch break arrive around 4:30pm. (alternatively we can arrange private helicopter.5-6 PAX around 2500\$ total)

Group Size: Usually 1-6 people

Duration: 3 Days, can be extended according to your wish. (Extra day for meditation €50 /day)

Price per PAX, overview:

Cost: €85 for 6 PAX/ 5 PAX €100/ 4 PAX €125 / 3 PAX €170/ 2 PAX €250 / 1 PAX €480

Included:

Land transportation by Jeep from Kathmandu to Maratika. & back to Kathmandu; if you need English Speaking guide extra €75.

Excluded: Hotel; Food & drinks; personal expenses; equipment, insurances; tip & Gratitude.

Expenses: Of course we cannot determine or foresee your spending behaviour, however with a moderate way of spending you will need about 1500 Nrs / day this will cover food and simple accommodation.

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May the all beings happy!



