

Manaslu Tea-House Trek



The Manaslu (8163 m) trek over the Larkya Pass is one of Nepal's best kept secrets, following remote trails which are little touched by the modern world and see relatively few visitors throughout the year. It offers beautiful views of the Himalayan range, with the magnificent Manaslu, the eighth highest mountain in the world, almost on the palm of your hand. The trek begins in a small stone paved village called Arkhet Bazar on the banks of the river Budhi Gandhaki and continues, following the river upstream,

through small villages and settlements of different Himalayan ethnic groups, from Brahmin, Chhetri, Tamang, Magar, Tibetan and Gurung. Just as diverse as the ethnic population, so too the scenery varies from the lush, low elevation valleys growing rice and bananas, inhabited predominantly by the Hindu ethnic groups of Indo-Aryan origin, through lush rhododendron and bamboo forests, where you begin to encounter communities of Tibeto-Burmese origin who practise Hinduism, Buddhism or a mixture of both with ancient Shaman practices still remaining alive.

Heading northwards from the starting point, the Budhi Gandhaki valley opens up to reveal delightful alpine meadows, walks through lush rhododendron and bamboo jungle and small, typical Tibetan villages in the Nubri valley, which cluster beneath Manaslu's sweeping North Face. The trek passes small villages with rows of prayer wheels and spectacular mani stones and prayer flags, which mark the passes and religiously important sites. After a few days walk, the trail reaches Samagaon, the largest and most important village in the region. From there we head west and cross the Larkya La Pass at 5100 m, one of the most dramatic pass crossings in the Himalayas. We walk along a classic but tough trail linking the Budhi Gandhaki with the Marsyangdi valley, where we reach the old salt routes, which still operate as main trading routes between the Tibetan plateau and little settlements on Nepal's side of the great mountain range. This trek was forbidden to the tourists till 1991.



Group Size: Minimum 2, maximum 12 people.

Duration: 16 Days – can be extended according to your wish. ***Add-On -Extension day possibility; excursion to Pungin Gumpa. Extra cost 50 €/ day plus 15\$ permit/ day**

Price overview:

Tea-House Trek cost: Euro 540.00 per person

Special Permit:

- .Special permit **100.00\$** per person
- . National park fee Manaslu & Annapurna **60\$**
- .Government tax **75\$**
- Total Permit **235 \$** per pax (payable in Kathmandu in US\$)

Grand Total € 540 + \$ 235(private transport on day 1, additional **270€: 2= 135€** per pax)

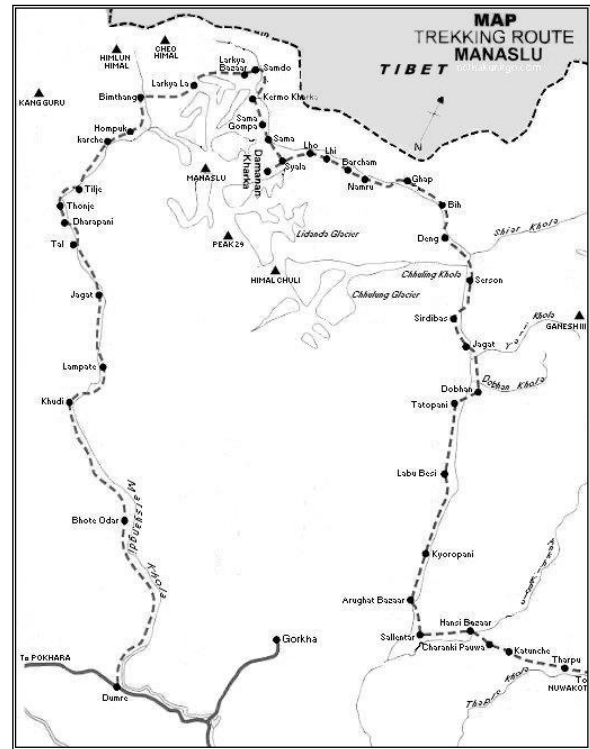
Included:

- All land transportation by bus KTM-Aarughat/ Besisahar-KTM
- All overnight in Lodges while trekking
- An English speaking Sherpa guide
- Porter (one porter per two PAX with 12 kg limit per pax total 24kg)
- Staff equipment and staff insurance

Excluded: visa for Nepal, alcohol and soft drinks when eating in restaurants, airport transfer and hotel in Kathmandu, personal expenses, insurances, tip & Gratitude's for staff



Of course we cannot determine or foresee you're spending behavior however with a moderate way of spending you will need about 3000 Nrs/ day this will cover food and simple Accommodation. If you like to drink beer then you have to ad 400-500NRS per bottle of beer



Contact Info: Pemba Dorje & Roger Pfister
P.O. Box 7003, Boudha, Kathmandu, Nepal

Phone Office : 00977-1- 4482351

Mobile Dawa : 00977-98 13390163

Mobile Roger : 00977-98 510 21 989

Email : nepal@snowjewel.com

Webpage : www.snowjewel.com/nepal

Skype : nepalsnowjewel

Skype : kailashroger



May all beings be happy!

