

THE UPPER DOLPO TREK - 24 DAYS

Under-construction!

One of the Nepal's tranquil and natural heavens in far western region, this Upper Dolpo is the remote and hidden valley but much loved destination among the clients of Himalayas on foot. It is an idea of highly 2100 square miles inside Nepal's northwestern frontier with Tibet, encompassing some 30 villages and monasteries at altitude of eleven to fifteen thousand feet, Dolpo region is hard to match for its pristine beauty and rugged charm where one can still have opportunity to meet the nomadic people and their lifestyle almost untouched and unexplored. Laying in the rain shadow area Himalayas its landscape resembles that of Tibetan plateaus instead of lush, green monsoon, watered hills, elsewhere in Nepal, at comparative altitudes. We are sure that trekking to Upper Dolpo offers you the remarkable and breathtaking experience of lifetime.

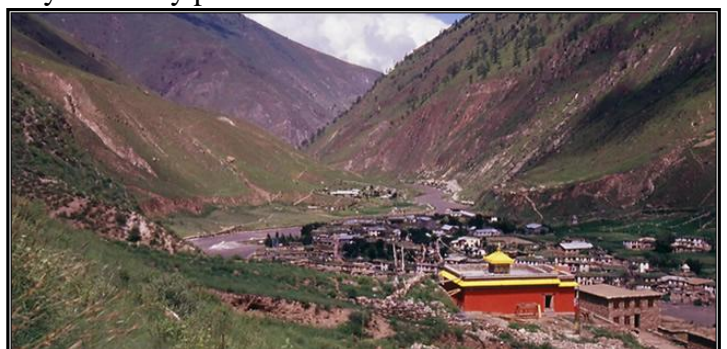


Dolpo was open to the outsiders only after 1990; therefore, tourists are required to obtain special permit for the government registered company.

We begin our trekking to Dolpo from Juphal, where we reach by direct flight from Kathmandu to Nepalgunj and catch another plane to Juphal and rest a night there. Next day, we head to Dunai and then to Ankhe, Renji and Phosundo lake(3600 m), we take rest along the lake and explore the area and we head to Mandala camp (4570 m) and then Shey Gumba, crossing the Saldang pass (5010 m). Subsequently, we head to Namgung, Yanger Gumba, Musi Gaun, Sime Gaun crossing Lang la pass (5002 m) and then we head to Tinja, Kheng and Charka crossing the Charka Pass and we proceed our trek to Yak Kharka, Sangdang Phedi (5110 m) crossing Sangdang pass (5490 m) and then we reach Sanda, subsequently, we proceed our trek to Phale Gaun and we finally reach at Jomson (2710 m), where we catch our airstrip to Pokhara and then we return to Kathmandu either by bus or by plane.



The trekking in upper Dolpo is designed for those who are exceptionally fit and prepared to face the full challenge of the Himalayan wilderness. The view of Kanjiroba peak, Phoksumdo Lake, and the Dhauligiri massif is one of the most rewarding moments of this trek. The Oscar award nominated movie entitled 'Caravan' was produced in the Dolpo region with the blend of lifestyle, unique culture and enchanting natural beauty of the area.



Group Size: Minimum 2, maximum 12 people.

Duration: 23 Days – can be extended according to your wish

Price overview:

Camping Trek cost: Euro00 per person

Special Permit:

- Royalties / Special permit Upper & lower DolpoUS \$ per person
- National park fee Shey Phoksundo & AnnapurnaUS \$ per person
- Government taxes & Sherpa Insurance 50\$ Per person

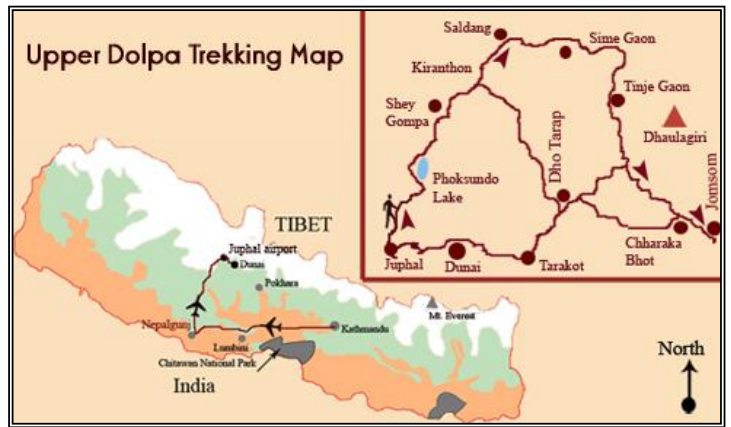
Total Permits9\$ per PAX (payable in Kathmandu in US\$)

Grandtotal € + US\$ (private transport on day 1 & 14, additional 300€ :2= 150€ per PAX)

Included:

- All Air fares as per itinerary
- Food, 3 meals a day
- Accommodation on a tented camp during trek
- All cooking utensils, dining and toilet tent
- All necessary equipment except sleeping bag and mat see equipment list
- An English speaking guide, Cook, Sherpa, and Porters.

Excluded: visa for Nepal; alcohol and soft drinks when eating in restaurants; airport transfer **and airport taxes** and hotel in Kathmandu; personal expenses; insurances; tip & Gratitude's for staff.



We will send you detail itinerary day by day via e-mail.

Contact Info: Dawa Lama & Roger Pfister
P.O. Box 7003, Boudha, Kathmandu, Nepal

- Phone Office : 00977-1- 491 47 42
- Mobile Dawa : 00977-98 493 07 195
- Mobile Roger : 00977-98 510 21 989
- Email : nepal@snowjewel.com
- Webpage : www.snowjewel.com/nepal
- Skyp : nepalsnowjewel
- Skype : kailashroger



May all beings be happy!

