

Beyul Hyolmo (Padma Tsel) **Hidden Valley of Snow Enclosure or Sanctuary of Lotus Energy**

Guru Padmasambhava is said to have forecasted in the presence of Tibetan King Trisong Detsen and others at Samye Monastery:

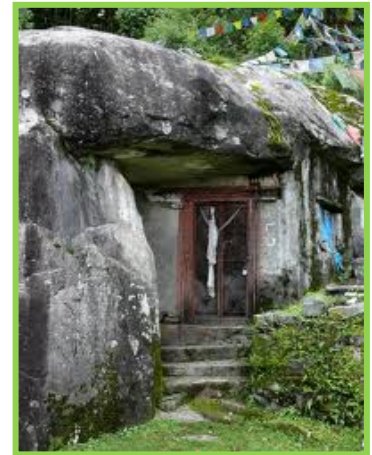
“in the future when there will be warfare, strife, and difficult circumstances in the world, good people and dharma practitioners should travel to ‘Beyuls’ or hidden valleys situated south of the Tibetan Himalayan range for refuge.”



Guru Padmasambhava empowered

104 of these havens in Nepal, Tibet, Sikkim and Bhutan - places where there would be perpetual peace and prosperity, and where spiritual progress would be facilitated. Out of the 104 beyuls, only 7 are well documented - 4 of which are in Nepal. The 4 Nepal Beyuls are ‘Kyimolung’ (Valley of Peace) in the Gorkha district, ‘Namgo Dagam’ (Valley of Heavenly Gate Half Moon) in Rasuwa district, **‘Hyolmo’ (Valley of Snow Enclosure)** in Sindupalchowk district and ‘Khenpalung’ (Valley of Artemisia) in Sankhuwasabha district.

Close to Katmandu about 100 km on north with Tibet Himalayan border, Yolmo is a highly sacred and spiritually important place for Tibetan Buddhists. Both Guru Padmasambhava & Tibet’s greatest yogi Milarepa spent thier time in here and blessed this valley, where today we can see Padmasambhava’s stone meditation seat, Self-emanating signs of Chortens, Padmasambhava cave and his stone grinding mill, Tea Kettle, his head print inside the cave. And other sacred places are Milarepa cave & Yeshe Tsogyal caves are can be seen here. The local monasteries (Gompas) have many ancient sculptures with Buddha and Guru’s images dating back from the 14th century. It’s a very famous region and this has meant local traditions, culture and religion have been well preserved by local inhabitants, known as Hyolmo ethnic group with Tibetan origins. Friendly and helpful local community people’s unforgettable greeting hospitality are the another attractive point of this area’s, which you can find in every steps of your foot during passes through their houses or farming land with a word *TASHI DELEK*.



Snow Jewel



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www.snowjewel.com

Group Size: Minimum 2, maximum 12 people.

Duration: 4 Days – can be extended according to your wish. (Extra day for meditation)

Price overview:

Cost: € 115 per person; (Private car KTM-Timbu and Timbu-KTM, extra 135€/per PAX) / for extra day 20€/PAX/day.

Included:

Overnigh tea house, Land transportation by Bus Kathmandu to Timbu & Timbu to Kathmandu; English Speaking Government licensed guide.

Excluded: Food & drinks; personal expenses; equipment, insurances; tip & Gratitude.

Expenses: Of course we cannot determine or foresee your spending behaviour, however with a moderate way of spending you will need about 1000 Nrs / day this will cover food and simple accommodation. If you like to drink beer then you have to add 300-400NRS per bottle of beer.

Contact Info:

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May the all beings happy!

