

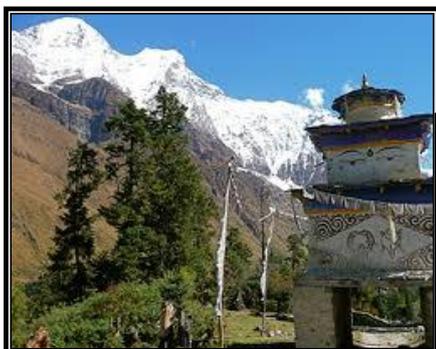
Manaslu Camping Trek



The Manaslu (8163 m) trek over the Larkya Pass is one of Nepal's best kept secrets, following remote trails which are little touched by the modern world and see relatively few visitors throughout the year. It offers beautiful views of the Himalayan range, with the magnificent Manaslu, the eighth highest mountain in the world, almost on the palm of your hand. The trek begins in a small stone paved village called Arkhet Bazar on the banks of the river Budhi Gandhaki and continues, following the river upstream,

through small villages and settlements of different Himalayan ethnic groups, from Brahmin, Chhetri, Tamang, Magar, Tibetan and Gurung. Just as diverse as the ethnic population, so too the scenery varies from the lush, low elevation valleys growing rice and bananas, inhabited predominantly by the Hindu ethnic groups of Indo-Aryan origin, through lush rhododendron and bamboo forests, where you begin to encounter communities of Tibeto-Burmese origin who practise Hinduism, Buddhism or a mixture of both with ancient Shaman practices still remaining alive.

Heading northwards from the starting point, the Budhi Gandhaki valley opens up to reveal delightful alpine meadows, walks through lush rhododendron and bamboo jungle and small, typical Tibetan villages in the Nubri valley, which cluster beneath Manaslu's sweeping North Face. The trek passes small villages with rows of prayer wheels and spectacular mani stones and prayer flags, which mark the passes and religiously important sites. After a few days walk, the trail reaches Samagaon, the largest and most important village in the region. From there we head west and cross the Larkya La Pass at 5100 m, one of the most dramatic pass crossings in the Himalayas. We walk along a classic but tough trail linking the Budhi Gandhaki with the Marsyangdi valley, where we reach the old salt routes, which still operate as main trading routes between the Tibetan plateau and little settlements on Nepal's side of the great mountain range. This trek was forbidden to the tourists till 1991.



Group Size: Minimum 2, maximum 12 people.

Duration: 16 Days – can be extended according to your wish. ***Add-On -Extension day possibility; excursion to Birendra-Lake. Extra cost trek 70 €/ day**

Price: Camping Trek cost: Euro 1120.00
Per person plus permit 200\$ (payable in Kathmandu)

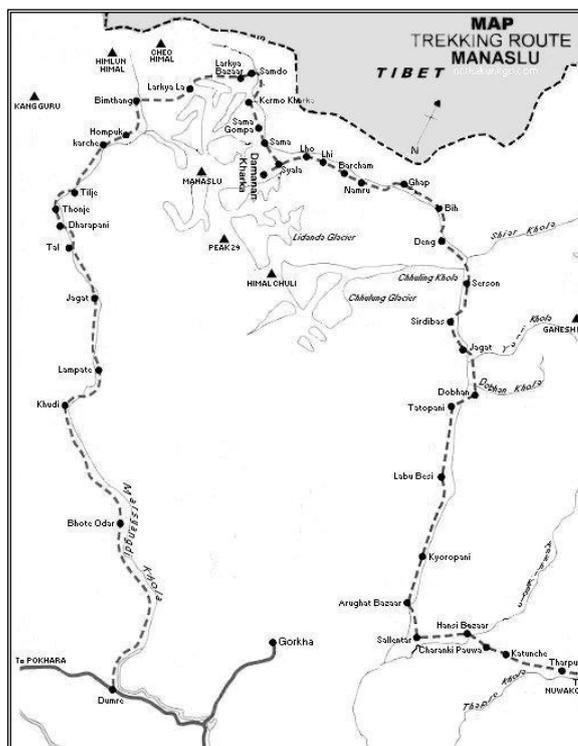
Included:

- All land transportation
- Food, 3 meals a day
- Accommodation on a tented camp
- All cooking utensils, dining and toilet tent
- All necessary equipment except sleeping bag and mat see equipment list
- An English speaking guide, Cook, Sherpa, and Porters.

Special Permit:

- Royalties / Special permit 100.00 US \$ per person
- National park fee Manasalu & Annapurna 50\$
- Government taxes 50\$

Total Permits 200\$ per PAX



We will send you a detailed description an **itinerary day by day via e-mail.**

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Excluded: visa for Nepal; alcohol and soft drinks when eating in restaurants; airport transfer and hotel in Kathmandu; personal expenses; insurances; tip & Gratitude's for staff.



May all beings be happy!

